



Hand play

□ Purpose

- Develop the intrinsic muscles of the hands
- Lay a mechanical foundation to promote proper pencil grasp
- Facilitate two handed coordination
- Facilitate eye hand coordination
- Encourage whole brain processing
- Provide developmentally appropriate activities

□ Playful ideas

- Finger isolation



Finger dot rainbow, tweezers place pom pom balls



Playdough, colored shaving cream in cingwrap



Finger isolation glove old sock or glove

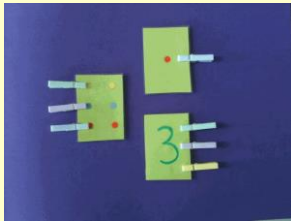


Fun foam or felt finger puppets



Colored gel bags for finger writing

- Tripod grasp



Clothespins with number/letter correspondence



straws in parmesian bottle



Feed the tennis ball with pennies, lids



Piggy bank



bunny hopping



Writing CLAW at amazon



golf tee and foam

- Scissor skills



Anti slip bath tub applique Tones and pom poms



sidewalk chalk and squirt bottle



letter writing with pom-pom and tweezers



Fill the egg crate with pom, sninv balls using tones

