

## Adapted cuff

Holding a utensil for ADLs can be difficult for some children. Some children lack the motor control needed for grasping (closing fingers around the tool), lack the coordination for functional use (hand to mouth for feeding or brushing teeth), have motor limitations that prevent holding a tool, resist using hands for function or display tactile defensiveness.

### ☺ PURPOSE

- Facilitate holding of object
- Discourage throwing of tool
- Encourage independence with ADLs
- Reduce physical demands



### ☺ TYPES

- Pre-made leather with Velcro
  - Amazon universal cuff
  - Rehabmart goodie strap utensil holder
- Terrycloth ponytail holder
  - Can be found with hair accessories at walmart, target, \$ store
- Knee hi stocking
- Plastic spiral cord
- Build up handles increases awareness
  - Patterson medical foam padding



### ☺ FUNCTIONAL ACTIVITIES

- Brushing teeth
- Brushing hair
- Fork or spoon during mealtime
- Paintbrush or marker
- Maraca , rhythm sticks, bell stick or drum sticks to play instruments



Evidence Based Research:

Korpela R, Seppanen RL, Koivikko M. (1992): Technical aids for daily activities: a regional survey of 204 disabled children. *Dev. Med. Child Neurol.* 34(11): 985-998.

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